





## JOURNAL ENTRY

I CHALLENGE YOU TO TAKE A MOMENT AND WRITE TO YOUR HIGHER SELF.
ENVISION THE WOMAN YOU WANT TO BECOME, THE THINGS YOU ASPIRE TO HAVE, AND THE DREAM CAREER YOU'RE TIRELESSLY WORKING TOWARDS.
IMAGINE HER - STRONG, FULFILLED, AND LIVING HER BEST LIFE. WHAT DOES SHE LOOK LIKE? HOW DOES SHE FEEL? WHAT HAS SHE ACHIEVED? ONCE IT'S COMPLETED, LET THIS LETTER BE A SOURCE OF MOTIVATION AND A REMINDER THAT EVERY STEP YOU TAKE TODAY BRINGS YOU CLOSER TO THAT AMAZING FUTURE SELF.



